

# **Nancy Howland**

**Completed the 5K at the Heart To Start in**

**55:58.0**

**February 17, 2024**

**Overall: 451/544**

**Bib No: 95**

**Div Place: 16/30**

**Division: F65-69**

**Sex Place: 307/493**

**Pace: 18:01.0**