

# Ashley Muir

Completed the 5K at the Gypsum Daze 5K in

**35:55.7**

**July 19, 2025**

Overall: **109/191**

Bib No: **94**

Div Place: **16/31**

Division: **F30-39**

Sex Place: **51/123**

Pace: **11:34.0**