

# Karla Ramsdal

Completed the 5K at the Turkey Trot in

**30:17.7**

**November 28, 2024**

Overall: **481/1810**

Bib No: **921**

Div Place: **3/71**

Division: **F50-54**

Sex Place: **173/1140**

Pace: **9:46.0**