

# Shannen Sandefur

Completed the 10K at the R2L Bridge Run in

**1:22:27.3**

**April 23, 2023**

Overall: **219/368**

Bib No: **78**

Div Place: **23/48**

Division: **F45-49**

Sex Place: **128/278**

Pace: **13:17.0**