

# Kristen Nail

Completed the 5K at the Gleneagle Spirit 5K in

**32:03.1**

**September 6, 2025**

Overall: **40/91**

Bib No: **77**

Div Place: **4/11**

Division: **F30-39**

Sex Place: **12/40**

Pace: **10:19.0**