

# Elisabeth Toftdahl

Completed the 5K at the Harrisburg Firecracker 5K in

**54:09.4**

**July 6, 2025**

Overall: **79/103**

Div Place: **7/12**

Sex Place: **40/61**

Bib No: **77**

Division: **F20-29**

Pace: **17:09.0**