

# Heather Van Ordstrand

Completed the 5K at the Happy Girls Run Bend in

**44:48.8**

**May 20, 2023**

Overall: **192/278**

Div Place: **34/48**

Sex Place: **187/316**

Bib No: **759**

Division: **F40-44**

Pace: **14:26.0**