

# **Beki Ries-Montgomery**

**Completed the 5K at the Oregon Track Club Community Run 8 in**

**29:58.6**

**October 8, 2025**

Overall: **38/62**

Bib No: **719**

Div Place: **1/2**

Division: **F60-64**

Sex Place: **12/35**

Pace: **9:39.0**