

# Nathaniel Helfferich

Completed the 25K at the Mt Hood Trail Runs in

**2:05:40.4**

**July 14, 2024**

Overall: **8/240**

Div Place: **1/40**

Sex Place: **6/124**

Bib No: **709**

Division: **M30-39**

Pace: **8:06.0**