

# Shannon Forrest

Completed the 15K at the Siskiyou Out Back in

**1:54:35.9**

**July 13, 2024**

Overall: **134/220**

Div Place: **24/55**

Sex Place: **62/165**

Bib No: **678**

Division: **F30-39**

Pace: **12:18.0**