

# Jude Spriggs

Completed the 13-14 Boys at the USATF Regional XC Championships in

**18:06.6**

**November 19, 2022**

Overall: **56/80**

Bib No: **640**

Div Place: **56/86**

Division: **M13-14**

Team Place: **3**

Pace: **7:18.0**