

# Monica Haugen

Completed the 5K at the Gypsum Daze 5K in

**30:15.2**

**July 19, 2025**

Overall: **56/191**

Div Place: **4/20**

Sex Place: **21/123**

Bib No: **64**

Division: **F19-29**

Pace: **9:45.0**