

# Jay Flansburg

Completed the 5K at the Run For Alzheimer's 5K in

**58:55.6**

**June 22, 2025**

Overall: **78/86**

Div Place: **10/10**

Sex Place: **40/45**

Bib No: **626**

Division: **M30-39**

Pace: **18:58.0**