

# Carla Nicholas-Roe

Completed the 5K at the Race For Warmth in

**50:30.2**

**January 25, 2026**

Overall: **622/1185**

Bib No: **61**

Div Place: **22/75**

Division: **F45-49**

Sex Place: **345/946**

Pace: **16:16.0**