

# Lana Welch

Completed the 5K at the Walterville Waddle in

**36:08.9**

**September 7, 2024**

Overall: **58/134**

Bib No: **490**

Div Place: **8/14**

Division: **F30-39**

Sex Place: **31/87**

Pace: **11:39.0**