

# Heather Surgeon-Elder

Completed the 5K at the Heaven Can Wait 5K in

**1:09:32.3**

**October 6, 2024**

Overall: **941/982**

Bib No: **474**

Div Place: **68/80**

Division: **F45-49**

Sex Place: **667/824**

Pace: **22:23.0**