

# Alex Dufford

Completed the 5K Wave 1 at the HTC Turkey Trot in

**22:47.9**

**November 22, 2023**

Overall: **85/189**

Bib No: **40**

Div Place: **9/16**

Division: **M30-34**

Sex Place: **75/151**

Pace: **7:21.0**