

# Ingrid Parmeter

Completed the 10K at the Run On The River in

**1:00:10.4**

**May 11, 2024**

Overall: **61/136**

Div Place: **2/12**

Sex Place: **26/94**

Bib No: **386**

Division: **F50-54**

Pace: **9:42.0**