

# **Kanoa Kranz-Kapohea**

**Completed the 10K at the Prefontaine Memorial Run in**

**39:51.8**

**September 20, 2025**

**Overall: 11/434**

**Bib No: 377**

**Div Place: 2/26**

**Division: M15-19**

**Sex Place: 11/253**

**Pace: 6:25.0**