

# Shandra Arfa

Completed the 5K at the Spooky Fun Run x Planet Fitness in

**34:38.3**

**October 25, 2025**

Overall: **101/366**

Bib No: **340**

Div Place: **3/18**

Division: **F40-44**

Sex Place: **36/208**

Pace: **11:09.0**