

# **Karin Gales-Ellis**

**Completed the 5K at the Race For Warmth in**

**40:41.5**

**January 26, 2025**

**Overall: 363/985**

**Bib No: 34**

**Div Place: 35/84**

**Division: F35-39**

**Sex Place: 191/850**

**Pace: 13:06.0**