

# Quade Debell

Completed the 5K at the Molalla Firecracker 5K in

**19:37.4**

**July 4, 2025**

Overall: **15/168**

Div Place: **10/35**

Sex Place: **13/104**

Bib No: **33**

Division: **M01-19**

Pace: **6:19.0**