

# Ryan Helms

Completed the 5K at the OTC Butte To Butte in

**32:47.2**

**July 4, 2024**

Overall: **523/1319**

Bib No: **3264**

Div Place: **20/45**

Division: **M30-34**

Sex Place: **301/650**

Pace: **10:34.0**