

# Alex Denton

Completed the 3M at the Emerald City Trail Series 5 in

**30:18.0**

**June 26, 2025**

Overall: **23/70**

Div Place: **2/7**

Sex Place: **6/41**

Bib No: **305**

Division: **F20-29**

Pace: **10:06.0**