

# Laird Clow

Completed the 5K at the Race For Warmth in

**1:01:04.3**

**January 28, 2024**

Overall: **640/839**

Bib No: **304**

Div Place: **26/36**

Division: **M65-69**

Sex Place: **226/344**

Pace: **19:40.0**