

# Aidan Heikes

Completed the 5K at the Feed Newberg 5K in

**23:22.2**

**June 1, 2025**

Overall: **8/165**

Div Place: **2/17**

Sex Place: **7/84**

Bib No: **292**

Division: **M19-34**

Pace: **7:32.0**