

# **Brock Nelson**

**Completed the 5K at the Silver Falls Trail Runs in**

**43:27.8**

**November 3, 2023**

**Overall: 136/301**

**Bib No: 2820**

**Div Place: 10/21**

**Division: M35-39**

**Sex Place: 79/161**

**Pace: 14:00.0**