

# Kirsten Linthwaite

Completed the 5K at the Silver Falls Trail Runs in

**47:54.3**

**November 1, 2024**

Overall: **169/261**

Bib No: **2772**

Div Place: **9/20**

Division: **F40-44**

Sex Place: **64/196**

Pace: **15:26.0**