

# Natalie Lawson

Completed the 5K at the Harrisburg Firecracker 5K in

**30:58.1**

**July 2, 2023**

Overall: **41/111**

Div Place: **3/7**

Sex Place: **19/69**

Bib No: **271**

Division: **F15-19**

Pace: **9:59.0**