

# Ashley Donlin

Completed the 5K at the Gleneagle Spirit 5K in

**30:03.6**

**September 6, 2025**

Overall: **32/91**

Bib No: **27**

Div Place: **3/11**

Division: **F30-39**

Sex Place: **9/40**

Pace: **9:41.0**