

# Quincy Spurlock

Completed the 5000M - Heat 2 at the Tracksmith Twilight 5000 in

**20:36.5**

**July 8, 2023**

Overall: **9/14**

Div Place: **2/2**

Sex Place: **6/10**

Bib No: **27**

Division: **M20-29**

Pace: **6:38.0**