

# Ahllona Benson

Completed the 10K at the Prefontaine Memorial Run in

**56:29.1**

**September 20, 2025**

Overall: **156/434**

Bib No: **27**

Div Place: **12/25**

Division: **F15-19**

Sex Place: **50/238**

Pace: **9:06.0**