

# Helena Knudson-Hannah

Completed the 5K at the Turkey Trot in

**45:45.4**

**November 23, 2023**

Overall: **970/1491**

Bib No: **2643**

Div Place: **33/58**

Division: **F05-10**

Sex Place: **521/953**

Pace: **14:44.0**