

# Tammy Messer

Completed the 5K at the Harrisburg Firecracker 5K in

**55:06.4**

**June 30, 2024**

Overall: **86/108**

Div Place: **2/6**

Sex Place: **44/71**

Bib No: **263**

Division: **F60-69**

Pace: **17:27.0**