Rachael Wiseman Nelson

Completed the 7 Miler at the Silver Falls Trail Runs in

1:35:28.1

November 3, 2023

Overall:	**335/728**	Bib No:	**2567**
Div Place:	**28/140**	Division:	**F40-44**
Sex Place:	**144/627**	Pace:	**13:39.0**