

Rachael Wiseman Nelson

Completed the 7 Miler at the Silver Falls Trail Runs in

1:21:34.9

November 1, 2024

Overall: **154/720**

Bib No: **2493**

Div Place: **4/69**

Division: **F45-49**

Sex Place: **49/574**

Pace: **11:40.0**