

# Rachel Verhaalen

Completed the 7 Miler at the Silver Falls Trail Runs in

**1:40:37.5**

**November 1, 2024**

Overall: **380/720**

Bib No: **2448**

Div Place: **39/112**

Division: **F35-39**

Sex Place: **198/574**

Pace: **14:23.0**