

# **Rick Uchida**

**Completed the 7 Miler at the Silver Falls Trail Runs in**

**1:14:55.7**

**November 1, 2024**

**Overall: 84/720**

**Bib No: 2432**

**Div Place: 9/47**

**Division: M50-54**

**Sex Place: 62/339**

**Pace: 10:43.0**