

# Crystal Falk

Completed the 5K at the Harrisburg Firecracker 5K in

**55:05.4**

**July 6, 2025**

Overall: **84/103**

Div Place: **10/10**

Sex Place: **45/61**

Bib No: **24**

Division: **F40-49**

Pace: **17:26.0**