

Shannen Sandefur

Completed the 7 Miler at the Silver Falls Trail Runs in

2:06:08.3

November 3, 2023

Overall: **599/728**

Bib No: **2394**

Div Place: **56/93**

Division: **F45-49**

Sex Place: **347/627**

Pace: **18:02.0**