

# Freida Ryan Anzur

Completed the 7 Miler at the Silver Falls Trail Runs in

**2:06:27.0**

**November 3, 2023**

Overall: **602/728**

Bib No: **2387**

Div Place: **57/93**

Division: **F45-49**

Sex Place: **350/627**

Pace: **18:04.0**