

# Courtney Shaff

Completed the 7 Miler at the Silver Falls Trail Runs in

**1:44:47.4**

**November 4, 2022**

Overall: **397/657**

Bib No: **2335**

Div Place: **32/94**

Division: **F45-49**

Sex Place: **216/588**

Pace: **14:59.0**