

# Jes Scherder

Completed the 5K at the Cardv 5K in

**1:00:05.9**

**May 10, 2025**

Overall: **181/239**

Bib No: **227**

Div Place: **14/20**

Division: **F40-44**

Sex Place: **123/194**

Pace: **19:21.0**