

# Arlo St. Clair

Completed the 5K at the Cardio 5K in

**1:01:29.7**

**May 11, 2024**

Overall: **187/214**

Bib No: **225**

Div Place: **16/18**

Division: **F20-24**

Sex Place: **140/200**

Pace: **19:48.0**