

# Sandra Poon

Completed the 7 Miler at the Silver Falls Trail Runs in

**2:17:33.3**

**November 1, 2024**

Overall: **644/720**

Bib No: **2249**

Div Place: **90/126**

Division: **F40-44**

Sex Place: **388/574**

Pace: **19:40.0**