

# Crystal Falk

Completed the 5K at the Harrisburg Firecracker 5K in

**44:51.3**

**June 30, 2024**

Overall: **72/108**

Div Place: **9/13**

Sex Place: **34/71**

Bib No: **217**

Division: **F40-49**

Pace: **14:12.0**