

# Ken Lahti

Completed the 7 Miler at the Silver Falls Trail Runs in

**1:21:10.5**

**November 3, 2023**

Overall: **146/728**

Bib No: **2100**

Div Place: **8/52**

Division: **M50-54**

Sex Place: **110/365**

Pace: **11:36.0**