

# **Roby Lanford**

**Completed the 7 Miler at the Silver Falls Trail Runs in**

**1:34:14.4**

**November 4, 2022**

Overall: 275/657

Bib No: 2057

Div Place: 9/81

Division: F50-54

Sex Place: 124/588

Pace: 13:28.0