

# Venessa Seip

Completed the 5K at the Spooky Fun Run x Planet Fitness in

**1:04:56.9**

**October 25, 2025**

Overall: **336/366**

Bib No: **20**

Div Place: **15/18**

Division: **F40-44**

Sex Place: **173/208**

Pace: **20:55.0**