

# **Rob Coates**

**Completed the Half Marathon at the Silver Falls Trail Runs in**

**2:44:19.2**

**November 3, 2023**

**Overall: 689/943**

**Bib No: 194**

**Div Place: 48/79**

**Division: M45-49**

**Sex Place: 390/582**

**Pace: 12:33.0**